

The Dancer Project 2022-2023 Fall & Spring Semesters

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Saturday</u>
				9:00-9:30 <u>Creative Movement</u> Ms. Sarah
4:15-5:45 <u>Level 2</u> <u>Level 3</u> Ballet & Contemporary Mrs. Jen		4:15-5:45 <u>Level 2</u> <u>Level 3</u> Ballet & Contemporary Mrs. Jen		9:45-10:30 <u>Pre-Ballet</u> Ms. Sarah
5:45-7:00 <u>Level 4</u> Ballet Mrs. Jen	6:00-7:00 <u>Level 5</u> Contemporary Ms. Autumn	5:45-7:15 <u>Level 4</u> <u>Level 5</u> Ballet (Class en pointe Level 5) Mrs. Jen	6:30-7:45 <u>Level 3</u> <u>Level 4</u> Ballet Mr. Jackson	10:45-11:45 <u>Level 1</u> Ballet Ms. Sarah
7:00-8:30 <u>Level 5</u> Ballet Class en pointe Mrs. Jen	7:00-8:30 <u>Level 5</u> Ballet Mr. Jackson	7:15-7:45 <u>Level 4</u> <u>1st Year Level 5's</u> <u>Level 5 (optional)</u> <u>Pointe and Pointe Prep</u> Mrs. Jen	7:45-8:45 <u>Level 4</u> Contemporary Ms. Autumn	12:00-1:30 <u>Level 5</u> Ballet Mr. Jackson
				1:45-4:45 Youth Ensemble

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Tuition

ALL prices are the TOTAL monthly fee

Ages 3 & 4

Creative
Movement

\$70 monthly

Ages 5 & 6

Pre-Ballet

\$85 monthly

Ages 6 & 7

Level 1

\$140 monthly

This level begins formal dance training.

Ages 7 & 8

Level 2

\$225 monthly

Must have 2 years of dance experience and be well versed in a ballet technique class (basic barre and center work). Some exceptions apply.

Please contact Us for more information.

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Must be selected by Artistic Director Jennifer Foster-Drake for this level via drop in audition or video submission. Must be strong enough for pre-pointe conditioning.

Level 3

\$305 monthly

Must be selected by Artistic Director Jennifer Foster-Drake for this level via drop in audition or video submission. Continuing Pre-Pointe in this level with possibility of beginning pointe.

Level 4

\$365 monthly

Must be selected by Artistic Director Jennifer Foster-Drake for this level via drop in audition or video submission. If you opt out of Contemporary, you must state when prompted at registration. Price stays the same.

Level 5

\$375 monthly

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Dress Code for Classes

Creative Movement	<ul style="list-style-type: none">• No dress restrictions.• Students must be able to move freely in fresh laundered clothing.• Socks or ballet shoes required for class.• Tights and ballet (pink or flesh) shoes are required for performances.
Pre-Ballet	<ul style="list-style-type: none">• No dress restrictions.• Students must be able to move freely in fresh laundered clothing.• Socks or ballet shoes required.• Tights and ballet (pink or flesh) shoes are required for performances.

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Level 1	<ul style="list-style-type: none">• Students must wear tights, leggings, or shorts.• We suggest a leotard, leotard with a skirt attached, unitard, or other dance wear.• Students can wear ballet skirts or small tutu dresses.• Students must be able to move freely in fresh laundered clothing.• <u>Ballet shoes required.</u>• <u>Hair needs to be pull off of face in a bun or secured updo of any fashion.</u>
Level 2	<ul style="list-style-type: none">• Students <u>must wear</u> tights (pink or flesh tone) and a leotard (any color).• Students must be able to move freely in fresh laundered clothing.• Ballet shoes required.• <u>Hair needs to be pull off of face in a bun or secured updo of any fashion (NO PONY TAILS).</u>

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Level 3	<ul style="list-style-type: none">• Students <u>must wear</u> tights (pink or flesh tone) and a leotard (any color).• Students can wear ballet skirts.• Students may wear leg warmers as medically deemed necessary.• Students must be able to move freely in fresh laundered clothing.• <u>Ballet shoes required.</u>• <u>Hair needs to be pull off of face in a bun or secured updo of any fashion. (NO PONY TAILS).</u>
Level 4	<ul style="list-style-type: none">• Students <u>must wear</u> tights (pink or flesh tone) and a leotard (any color).• Students can wear ballet skirts.• Students may wear leg warmers as medically deemed necessary.• Students must be able to move freely in fresh laundered clothing.• <u>Ballet shoes required.</u>• Pointe Shoes (if applicable) need to be sewn with elastic and ribbons.• <u>Hair needs to be pull off of face in a bun or secured updo of any fashion. (NO PONY TAILS).</u>

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Level 5

- Students must wear tights (pink, black, or flesh tone) and a leotard (any color).
- Students may also be permitted to wear bike shorts and unitards.
- Students can wear ballet skirts.
- Students may wear leg warmers as medically deemed necessary.
- Students must be able to move freely in fresh laundered clothing.
- Ballet shoes required.
- Pointe Shoes (if applicable) need to be sewn with elastic and ribbon.
- Hair needs to be pull off of face in a bun or secure updo of any fashion. (NO PONY TAILS).

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Due to Covid-19, class sizes may be limited.

If the class you register for is full, you will be added to our waitlist and informed via email of this status.

If the class still has room and the registration form on our website is filled out, you will be sent an electronic form of our Parent Handbook and Studio Policies to sign and have returned back to The Dancer Project to be fully registered.

If local governance require businesses to work remotely, like in the Spring of 2020, we will switch to zoom classes and start back as soon as deemed possible with all precautions in place. If they require smaller than 10 students in classrooms we will make every efforts to adjust our current schedule to be in person.

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Important Information

Following closely will local health officials and CDC guidelines, in order to register for our program, you and your family will be required to abide by our studio policies and protocols. As of now, we will have Masks as OPTIONAL. We will require a student to wear a mask if they are showing any signs of illness of any cause. We will also be requiring any guests in our lobby to wear masks still at this time. If transmission rates raise in our local community of East Nashville we will required masking pending recommendations form the CDC and Nashville Health Department. All instructors will be have the option for masks and if they show any signs of illness or for their own comfort may choose to wear one. If transmission rates raise or there will be a suspect of an illness, Temperatures will be taken.

More information is in our studio policies and protocols Parent handbook that will need to be signed to be fully registered mentioned below. Once you register on our website you will be sent a nonrefundable \$50 registration fee that will be applied to the \$50 registration and you will be sent a full detail electronic Parent Handbook that will need to be signed and returned before being considered a fully registered student of The Dancer Project Conservatory along with any waivers that are needed.

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IMPORTANT Dance Etiquette

At our studio, our primary goal is for your children to have fun while learning dance technique and a strong work ethic. We expect all dancers to show respect to themselves, each other and all instructors. You will see our instructors enforcing the following rules:

- Be prepared for class. Proper dress code (if applicable) is required for all dance classes. That information is on our website and listed above.
- Hair must be pulled up and secured back. For levels 2 on upward, a bun or up do is mandatory.
- Use bathroom prior to class.
- Do not have frequent class absences.
- No cell phones in the dance studio. (Please keep all personal items in your dance bag.)
- No gum is allowed in class.
- Be respectful and kind to instructors, peers and staff.

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- Do not talk during class unless you are asking a question.
- Be willing to try new dance material. Put positive energy into your dance class.
- No leaning, lounging or hanging on the ballet barres and do NOT touch our mirrors.
- Clap at the end of class to show respect for yourself, your fellow dancers and always approach the instructor and say 'thank you'.
- If injured, tell instructor prior to class... work slowly & carefully or observe.
- If ill, do not come to class.
- If you must leave early, notify instructor prior to class.

We believe that good dance etiquette is of equal importance to good dance technique.

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Studio Rules for Dancers:

- No running, yelling or rough playing at the dance studio.
- Help keep your studio clean and tidy. Please throw away all trash.
- No gossip, obscene language or inappropriate conversations are tolerated during class or around the studio.
- No gum, food or drink of any kind (except water) is allowed inside the studio.

For age 10 and up:

- As an older dancer and role model, inappropriate conversations or negative discussions are not allowed in front of younger dancers.
- It is the dancer's responsibility to manage their time so that dance, schoolwork and other outside activities do not conflict.

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BEHAVIOR POLICY:

We are committed to educate our students, model behaviors, and help dancers grow with love and respect in this program. If for any reason a student does not meet the expectations outlined above, The Dancer Project enforces a 3-strike policy with regard to students misbehaving at the studio – in or outside of class.

- Strike 1 is a warning; student is still able to participate in dance class. Parents or Guardian will be notified and will be asked to observe all classes, if not already present, for the remainder of the semester. No exceptions.
- Strike 2 is an in class time-out, student will be asked to sit to the side of the classroom and observe. The instructor will determine the length of time for the time-out.
- Strike 3 the student will be asked to leave the classroom and sit in the lobby until class is finished. In the case of a Strike 3, the teacher will talk to both student and parent about behavior issues and steps to take to improve the learning experience. If this is not adhered to, the student will be dismissed from The Dancer Project Conservatory. There will be no refunds for past tuition months.

THE THREE-CLAP RULE:

Teachers may choose to initiate a three-clap rule, particularly useful for re-gathering attention after a water break or after group work. Teachers clap three times in a rhythm and students are to repeat the claps back – signaling quiet voices and attention to the teacher.

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School Calendar

August 1 - Fall semester start date

August 14 - Youth Ensemble Sign up ends

September 5 - Labor Day Observed - All Monday classes will be adjusted and families notified of make up options for the classes per age and current level registered for.

September 10 - Youth Ensemble Rehearsal start date

October 1 & 8 - Youth Ensemble Rehearsal will be extended for an hour due to Fall Break Saturday being off

October 10-15 - Fall Break - **no class or Youth Ensemble Rehearsals all week**

November 24 - Thanksgiving Observed - All Thursday classes will be adjusted and families notified of make up days for the classes per age and current level registered for.

December 17th and 18th - Nutcracker tentative dates with the Looby Theater

December 18 - Last day of Fall semester

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December 19-January 8 - Holiday Break - make up days will be held during this time if there is a bad weather studio cancelled date or instructor sub conflict during the Fall months.

January 9 - Spring semester start date

January 14 - Youth Ensemble sign up ends

February 4 - Youth Ensemble rehearsal start date

February 11th and 25th - Youth Ensemble Rehearsal will be extended for an hour due to Spring Break Saturday being off

March 4th - there ARE Youth Ensemble rehearsals

March 13-18 - Spring Break - **no class or Youth Ensemble Rehearsals all week - any make up classes due to bad weather or instructor sub conflict will be made up here**

May 6 & 7 - Spring Production at the Looby Theater theater

May 29 - Memorial Day Observed - All Monday classes will be adjusted and families notified of make up days for the classes

June 3rd - Last day of the Spring semester