

The Dancer Project 2023-2024 Fall & Spring Semesters

| <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> | <u>Saturday</u> |
|--|---|---|--|--|--|
| | | | | | 9:00-9:30 <u>Creative Movement</u> Ms. Sarah |
| 4:30-5:45 <u>Level 2</u> <u>Level 3</u> Ballet Mrs. Jen | 4:30-6:00 <u>Level 2</u> <u>Level 3</u> <u>Level 4</u> Ballet & Contemporary Ms. Sarah | 4:30-6:00 <u>Level 5</u> <u>Level 6</u> Ballet Mrs. Jen | 5:00-6:00 Reserved for masterclass series, private lessons, added rehearsals | 5:00-6:00 Reserved for masterclass series, private lessons, added rehearsals | 9:45-10:30 <u>Pre-Ballet</u> Ms. Sarah |
| 5:45-7:15 <u>Level 4/4A</u> <u>First year Level 5</u> <u>First Year Level 6</u> <u>pointe dancers</u> Ballet, Pointe, & pre- pointe conditioning Mrs. Jen | 6:00-7:00 <u>Level 4A</u> <u>Level 5</u> <u>Level 6</u> Contemporary Ms. Autumn | 6:00-6:45 <u>Level 5</u> <u>Level 6</u> Pointe Barre Mrs. Jen | 6:00-7:30 <u>Level 6</u> Ballet Mr. Jackson | 6:00-7:30 <u>Level 3</u> <u>Level 4/4A</u> Ballet & pre-pointe conditioning Mr. Jackson | 10:45-11:45 <u>Level 1</u> Ballet Ms. Sarah |
| 7:15-8:45 <u>Second year+</u> <u>Level 5's</u> <u>Level 6</u> Ballet Class en pointe Mrs. Jen | 7:00-8:30 <u>Level 4A - * If too</u> <u>late you may register</u> <u>for the 4:30 class</u> <u>Level 5</u> <u>Level 6</u> Ballet Mr. Jackson | 6:45-7:45 <u>Level 6</u> Pointe Center/ Variations Mrs. Jen | 7:30-8:30 <u>Level 6</u> Conditioning/ Partnering Mr. Jackson | 7:30-8:30 Reserved for masterclass series, private lessons, added rehearsals | 12:00-1:30 <u>Level 6</u> <u>(Level 5 may add</u> <u>see below*)</u> Ballet Mrs. Jen/Mr.Jackson |
| | | 7:45-8:45 Reserved for masterclass series, private lessons, added rehearsals, YAGP prep | | | 1:45-4:45 Youth Ensemble |

The Dancer Project 2023-2024 Fall & Spring Semesters

Tuition

ALL prices are the Monthly fee

Ages 3 & 4

Creative
Movement

\$70 monthly

Ages 5 & 6

Pre-Ballet

\$85 monthly

Ages 6 & 7

Level 1

\$140 monthly

This level begins formal dance training.

The Dancer Project 2023-2024 Fall & Spring Semesters

Ages 7 & 8

Level 2

\$225 monthly

Must have at least 2 years of dance experience and be well versed in a ballet technique class (basic barre and center work). Some exceptions apply. Please contact Us for more information.

Must be selected by Artistic Director Jennifer Foster-Drake for this level via drop in audition or video submission. Must be strong enough for pre-pointe conditioning.

Level 3

\$305 monthly

The Dancer Project 2023-2024 Fall & Spring Semesters

Must be selected by Artistic Director Jennifer Foster-Drake for this level via drop in audition or video submission. Continuing Pre-Pointe in this level with possibility of beginning pointe. Level 4A* adds contemporary and a more advanced class with Level 5/6 once a week and would be an added \$25 on tuition equalling \$385.

Level 4
Level 4A

\$360 monthly*

Must be selected by Artistic Director Jennifer Foster-Drake for this level via drop in audition or video submission. If you opt out of Contemporary, you must state when prompted at registration. Price stays the same.

* if you choose to add the Saturday technique class monthly tuition price will increase to \$395.

Level 5

\$375 monthly*

The Dancer Project 2023-2024 Fall & Spring Semesters

Must be selected by Artistic Director
Jennifer Foster-Drake for this level via drop in
audition or video submission.

Level 6

\$425 monthly

If you opt out of Contemporary, you must
state when prompted at registration. Price
stays the same.

This is a serious program for those looking to
dance beyond high school. We suggest if you
cannot commit to the full program to apply for
level 5 only.

The Dancer Project 2023-2024 Fall & Spring Semesters

Dress Code for Classes

| | |
|-------------------|---|
| Creative Movement | <ul style="list-style-type: none">• No dress restrictions.• Students must be able to move freely in fresh laundered clothing.• Socks or ballet shoes required for class.• Tights and ballet (pink or flesh) shoes are required for performances. |
| Pre-Ballet | <ul style="list-style-type: none">• No dress restrictions.• Students must be able to move freely in fresh laundered clothing.• Socks or ballet shoes required.• Tights and ballet (pink or flesh) shoes are required for performances. |

The Dancer Project 2023-2024 Fall & Spring Semesters

| | |
|---------|---|
| Level 1 | <ul style="list-style-type: none">• Students must wear tights, leggings, or shorts.• We suggest a leotard, leotard with a skirt attached, unitard, or other dance wear.• Students can wear ballet skirts or small tutu dresses.• Students must be able to move freely in fresh laundered clothing.• <u>Ballet shoes required.</u>• <u>Hair needs to be pull off of face in a bun or secured updo of any fashion.</u> |
| Level 2 | <ul style="list-style-type: none">• Students <u>must wear</u> tights (pink or flesh tone) and a leotard (any color).• Students must be able to move freely in fresh laundered clothing.• Ballet shoes required.• <u>Hair needs to be pull off of face in a bun or secured updo of any fashion (NO PONY TAILS).</u> |

The Dancer Project 2023-2024 Fall & Spring Semesters

| | |
|---------|--|
| Level 3 | <ul style="list-style-type: none">• Students <u>must wear</u> tights (pink or flesh tone) and a leotard (any color).• Students can wear ballet skirts.• Students may wear leg warmers as medically deemed necessary.• Students must be able to move freely in fresh laundered clothing.• <u>Ballet shoes required.</u>• <u>Hair needs to be pull off of face in a bun or secured updo of any fashion. (NO PONY TAILS).</u> |
| Level 4 | <ul style="list-style-type: none">• Students <u>must wear</u> tights (pink or flesh tone) and a leotard (any color).• Students can wear ballet skirts.• Students may wear leg warmers as medically deemed necessary.• Students must be able to move freely in fresh laundered clothing.• <u>Ballet shoes required.</u>• Pointe Shoes (if applicable) need to be sewn with elastic and ribbons.• <u>Hair needs to be pull off of face in a bun or secured updo of any fashion. (NO PONY TAILS).</u> |

The Dancer Project 2023-2024 Fall & Spring Semesters

Level 5
Level 6

- Students must wear tights (pink, black, or flesh tone) and a leotard (any color).
- Students may also be permitted to wear bike shorts and unitards.
- Students can wear ballet skirts.
- Students may wear leg warmers as medically deemed necessary.
- Students must be able to move freely in fresh laundered clothing.
- **Ballet shoes required.**
- Pointe Shoes (if applicable) need to be sewn with elastic and ribbon. NO SOCKS
- **Hair needs to be pull off of face in a bun or secure updo of any fashion. (NO PONY TAILS).**

The Dancer Project 2023-2024 Fall & Spring Semesters

Important Information

Following closely will local health officials and CDC guidelines, in order to register for our program, you and your family will be required to abide by our studio policies and protocols. As of now, we will have Masks as OPTIONAL. We will require a student to wear a mask if they are showing any signs of illness of any cause. We will also be requiring any guests in our lobby to wear masks still at this time. If transmission rates raise in our local community of East Nashville we will required masking pending recommendations form the CDC and Nashville Health Department. All instructors will be have the option for masks and if they show any signs of illness or for their own comfort may choose to wear one. If transmission rates raise or there will be a suspect of an illness, Temperatures will be taken.

More information is in our studio policies and protocols Parent handbook that will need to be signed to be fully registered mentioned below. Once you register on our website you will be sent a nonrefundable \$50 registration fee that will be and you will be sent a full detail electronic Parent Handbook that will need to be signed and returned before being considered a fully registered student of The Dancer Project Conservatory along with any waivers that are needed.

The Dancer Project 2023-2024 Fall & Spring Semesters

IMPORTANT Dance Etiquette

At our studio, our primary goal is for your children to have fun while learning dance technique and a strong work ethic. We expect all dancers to show respect to themselves, each other and all instructors. You will see our instructors enforcing the following rules:

- Be prepared for class. Proper dress code (if applicable) is required for all dance classes. That information is on our website and listed above.
- Hair must be pulled up and secured back. For levels 2 on upward, a bun or up do is mandatory.
- Use bathroom prior to class.
- Do not have frequent class absences.
- No cell phones in the dance studio. (Please keep all personal items in your dance bag.)
- No gum is allowed in class.
- Be respectful and kind to instructors, peers and staff.

The Dancer Project 2023-2024 Fall & Spring Semesters

- Do not talk during class unless you are asking a question.
- Be willing to try new dance material. Put positive energy into your dance class.
- No leaning, lounging or hanging on the ballet barres and do NOT touch our mirrors.
- Clap at the end of class to show respect for yourself, your fellow dancers and always approach the instructor and say 'thank you'.
- If injured, tell instructor prior to class... work slowly & carefully or observe.
- If ill, do not come to class.
- If you must leave early, notify instructor prior to class. Do not just walk out of the class.

We believe that good dance etiquette is of equal importance to good dance technique.

The Dancer Project 2023-2024 Fall & Spring Semesters

Studio Rules for Dancers:

- No running, yelling or rough playing at the dance studio.
- Help keep your studio clean and tidy. Please throw away all trash.
- No gossip, obscene language or inappropriate conversations are tolerated during class or around the studio.
- No gum, food or drink of any kind (except water) is allowed inside the studio.

For age 10 and up:

- As an older dancer and role model, inappropriate conversations or negative discussions are not allowed in front of younger dancers.
- It is the dancer's responsibility to manage their time so that dance, schoolwork and other outside activities do not conflict.

The Dancer Project 2023-2024 Fall & Spring Semesters

BEHAVIOR POLICY:

We are committed to educate our students, model behaviors, and help dancers grow with love and respect in this program. If for any reason a student does not meet the expectations outlined above, The Dancer Project enforces a 3-strike policy with regard to students misbehaving at the studio – in or outside of class.

- Strike 1 is a warning; student is still able to participate in dance class. Parents or Guardian will be notified and will be asked to observe all classes, if not already present, for the remainder of the semester. No exceptions.
- Strike 2 is an in class time-out, student will be asked to sit to the side of the classroom and observe. The instructor will determine the length of time for the time-out.
- Strike 3 the student will be asked to leave the classroom and sit in the lobby until class is finished. In the case of a Strike 3, the teacher will talk to both student and parent about behavior issues and steps to take to improve the learning experience. If this is not adhered to, the student will be dismissed from The Dancer Project Conservatory. There will be no refunds for past tuition months.

THE THREE-CLAP RULE:

Teachers may choose to initiate a three-clap rule, particularly useful for re-gathering attention after a water break or after group work. Teachers clap three times in a rhythm and students are to repeat the claps back – signaling quiet voices and attention to the teacher.

The Dancer Project 2023-2024 Fall & Spring Semesters

School Calendar

July 31st - Fall semester start date

August 5th - Youth Ensemble Sign up ends and payment due.

August 26th - Youth Ensemble begins

September 4th - Labor Day Observed - All Monday classes will be adjusted and families notified of make up options for the classes per age and current level registered for.

September 23rd is the Mandatory rehearsal.

October 2nd-7th (Sumner County) 9th-14th (Davidson County)— Fall Break - With serving multiple counties, we will not be off during these two weeks however, class schedules for ALL levels will be modified and condensed with enrollment typically low during academic school breaks, Schedule TBD. Modified Youth Ensemble Rehearsals dependent on cast availability.

November 24th - Thanksgiving Observed - All Thursday classes will be adjusted and families notified of make up days for the classes per age and current level registered for.

December 16th & 17th - Nutcracker with the Looby Theater - Last day of Fall semester (20 weeks)

The Dancer Project 2023-2024 Fall & Spring Semesters

December 17th-January 7th - Holiday Break - make up days will be held during this time if there is a bad weather studio cancelled date or instruction sub conflict during the Fall months.

January 8th - Spring semester start date

January 13th - Youth Ensemble sign up ends

February 3rd - Youth Ensemble rehearsal start date

February 11th and 25th - Youth Ensemble Rehearsal will be extended for an hour

March 4th - there ARE Youth Ensemble rehearsals

March 18th-23rd (Sumner County) and 11th-16th (Davidson County) - Spring Break - With serving multiple counties, we will **not** be off during these two weeks however, class schedules for ALL levels will be modified and condensed with enrollment typically low during academic school breaks, Schedule TBD. Modified Youth Ensemble Rehearsals dependent on cast availability.

May 4th & 5th - Spring Production at the Looby Theater theater

May 25th - Last day of Spring Semester (20 weeks)